



ENGLISH DHARMA GROUP * JADE BUDDHA TEMPLE

2nd Semester 2017-2018 Schedule | Young Kids Class

11:30-11:50	Meditation (walking and sitting)
11:50-12:05	Class Topic
12:05-12:20	Story /Activity
12:20-12:30	Discussion/singing or chanting

Jan 7	Introduction and Buddhism including 5 Precepts
Jan 14	No class
Jan 21	Practice Mindfulness and Loving Kindness
Jan 28	Practice Compassion and Gratitude
Feb 4	Practice Wisdom (4 Noble Truth)
Feb 11	Practice Chinese New Year Performance
Feb 18	Perform in Chinese New Year Ceremony
Feb 25	No class - Chinese school spring carnival
March 4	Cultivate Noble 8 fold path - Right View/Thinking
March 11	No class - Chinese school spring break
March 18	Cultivate Noble 8 fold path - Right Mindfulness
March 25	Cultivate Noble 8 fold path - Right Concentration
April 1	No class
April 8	Cultivate Noble 8 fold path - Right Speech
April 15	Cultivate Noble 8 fold path - Right Action
April 22	Cultivate Noble 8 fold path - Right Livelihood
April 29	Cultivate Noble 8 fold path - Right Effort
May 6	Make Mother's Day gift
May 13	Review and share what we learned followed by Semester and Birthday Party at 12:30 pm

Teachers			
Sook HC	Bob B	Jade L	Lee-Wen T

January 8, 2018